

Veiled Intentions: Don't Judge a Muslim Girl by Her Covering

MAYSAN HAYDAR

Maysan Haydar is a social worker in New York City. She has written for The Nation, Spin, CMJ, and Venus. The following essay appeared in Body Outlaws: Rewriting the Rules of Beauty and Body Image, edited by Ophira Edut.

O Prophet! Tell thy wives and daughters and the believing women that they should cast their outer garments over their persons. That is most convenient that they should be known and not be molested.

Protection?

—THE QURAN, Chapter 33, Verse 59

And say to the believing women that they should lower their gaze and guard their modesty: that they should not display their beauty and ornaments except what ordinarily appears thereof; that they should draw their veils over their bosoms and not display their beauty...

—THE QURAN, Chapter 24, Verse 30–31

1 I have a confession to make.

2 I've been covering my hair, as is prescribed for Muslim women, since I was twelve years old. And while there are many good reasons for doing so, I wasn't motivated by a desire to be different, to honor tradition, or to make a political statement.

3 I wanted the board game Girl Talk

4 When girls from our small, Midwestern Muslim community donned their first hijab (headscarf), their families rewarded them with parties and monetary gifts. At twelve, I wasn't nearly as physically developed as a Muslim girl is supposed to be when she starts covering, but I desperately wanted Girl Talk. I knew that if I announced my intention to begin veiling in the board game aisle at Kmart, I could ask for anything and receive it.

5 My choice of Girl Talk as reward for taking on a religious responsibility is amusing to me now, because it's so antithetical to what veiling is supposed to represent. Girl Talk was the ultimate slumber party game, where players performed gags or revealed embarrassing secrets, then got to choose from four kinds of fortune cards as a prize. My favorite cards hooked me up with the class president, the football captain, or a hunky lifeguard who saved me from drowning. And I still have a sheet of "zit stickers," which were meant to punish gamers who failed to share their dirt.

6 Now that I'm twenty-five and have worn a veil for more than half my life, I can admit to this shallow beginning, which is so far from my reason for veiling today. As an adult, I embrace the veil's modesty, which allows me to be seen as a whole person instead of a twenty-piece

hijab

\$ for confirming

veiling → board game

25 yrs old

Reason #1

do men see women this way? Is he Muslim now?

chicken dinner. In spite of the seeming contradictions of my life—I'm married to a white man who was raised Catholic, I love heavy metal, I consider myself a feminist, and I sport a few well-disguised piercings—I follow my religion's standard of modesty and appearance. It's only now, after comparing my turbulent teen experiences with those of other women, that I can fully appreciate how much of a saving grace this small piece of cloth was.

7 Much to my chagrin, many Americans see veiling as an oppressive tool forced on Muslim women by the men in our culture. Yet, the practice of covering hair and body is a choice for many women—and it is not specific to Islam. All the monotheistic religious (Christianity, Judaism, and Islam) advocate modesty in dress, though the interpretation of "modesty" varies greatly. Ironically, the population that spends millions on beauty products, plastic surgery, and self-help guides is the same one that takes pity on me for being so "helpless" and "oppressed." On a New York City bus a couple weeks ago, I sat with another woman, also veiled, but wearing a traditional *jilbab* (a cloak that women wear over their clothing). A girl two seats over remarked to her friend, while flipping her hair for effect, that she couldn't understand how we could dress this way. "Me, I got to be free."

8 To my eyes, her idea of freedom involved a complicated hairstyle, loads of makeup and jeans she probably had to sew herself into. If anything, I would find that ensemble more caging, more oppressive and more painful than clothes that allow me to walk in front of construction sites confidently, with minimal risk of harassment. (Construction workers may feel obligated to say something to every passing woman, but I often get things like "I like your skirt!" or "Girl, I would marry you!"—harmless compared to the degradation I've heard many women complain about.)

9 As for freedom, my parents have a healthy understanding of Islam, especially the Quranic verse "Let there be no compulsion in religion" (2:256). Having been raised in religiously different homes themselves (Mom: very liberal, European-minded, not so religious; Dad: religious, culturally structured gender roles and expectations), they only practiced traditions that they understood, accepted, and believed. Thus, my mother knew the best way to introduce veiling to me was to emphasize its feminist, forward-thinking reasons: Covering removes that first level of being judged, of being assessed based on my measurements, and it absolves me of the need or desire to be wanted solely for my looks. My choice of Girl Talk didn't showcase a deep understanding of that idea. But reflecting back, I see that wearing a scarf greatly influenced how people viewed me and my goals, before I could ever appreciate that it was having that effect.

10 In high school, my interactions with the opposite sex were different than the norm. If I hadn't yet been inclined to deal with boys in

how many AM. see it - true?

ironic

Same as chicken dinner do all women object?

1st level looks

a good pt

an unpressured, ungiggly, un-made-up way, the scarf shoved me in that direction. So, without being given handbooks or informative flyers about how they should curb their posturing and come-ons, guys sensed that they should treat me with respect.

- 11 I didn't watch boys and girls learn about each other from the sidelines. I have many rich friendships with men, and over the years a good number of them have made a go at becoming "more than friends." I didn't participate in dating games, but I was flattered by the attention, especially since I knew I was being liked for who I was beyond my body. What made me attractive was my ability to relate to everyone in a very natural way, without all the confusing sexual pressure. The weirdness that normally clouds boy-girl interactions was lifted, because most guys automatically assumed I wasn't available for dating. Of course, girls deserve to be treated with respect no matter what they wear. But since we live in a world of mixed messages, I got to bypass a lot of damaging experiences.

- 12 The veil bestowed other experiences upon me that I wouldn't quite classify as negative, but definitely educational. Like anyone else who's visibly different from the norm, I encountered ridiculous ideas about what a covered person should be, do, and enjoy. If someone overheard me talking about my interests, which included karate and skateboarding, I grew to enjoy their disbelief and shock. I didn't pick my hobbies to prove that stereotypes are often false, but it was nice to make people reconsider their notions of a Muslim girl.

- 13 Moving to New York City right after college and living alone was the most affirming thing I've done to solidify my resolve and truly understand what veiling means. Here, for the first time, people believed that I was wearing a scarf because I wanted to, not because my family coerced me into it. On the other hand, New York exemplifies what's wrong with our image-obsessed society. I worked for a couple of magazines and saw the way women acted out to draw attention to themselves. It was especially apparent at my anything-goes dot-com job, where women showed up to work in backless halter tops and were fawned over by male coworkers.

- 14 And now, as I write this, I can watch women subjugate themselves on reality dating shows. On a show about aspiring models I heard a woman say that her greatest goal would be to appear in *Stuff* magazine. I can't imagine centering my life on something as fleeting and meaningless as being admired simply for my body.

- 15 You might assume that because Muslim women traditionally don't display our bodies, we don't hold them as important or feel connected to them—or that we don't value ourselves as sexual beings. Guess again. While our degree of modesty is high, the value Muslim women place on the bodies underneath our veils is higher. In Sunday school, girls are taught that our bodies are beautiful ("God is beautiful

assumption
true?

affect

Misconceptions

what
stereotypes
does the
veil
evoke?

a choice
in N.Y.

do they?

don't men
too?

higher
value on
body -

and loves beauty" is a *hadith*, or saying, of the prophet Muhammad) and that they're so valuable that they're only meant to be shared in an intimate relationship: husband and wife, mother and baby, among women, and in clinical or safe spaces (for example, with your doctor, among family members). Historically, the most severe-looking coverings used to be limited to the richest women in Arab society; being swathed in so much cloth was regarded as a sign of status.

16 People who have written about being in the secluded quarters of Arab homes or at their parties often express surprise at the degree to which these cloaked women maintain themselves via fitness, style, and decadent rituals. (Let's not even get started on the body hair-removal process in the Middle East.) I'm not one for creams and blushes, but I understand that there are women who enjoy the beauty process, and I see no harm in indulging it for the right reasons. Feminist author Geraldine Brooks, in her book *Nine Parts of Desire*, quotes women across the Middle East who extol the virtues of prettying up for their loved ones. To me, this demonstrates that Western priorities are out of line: American women spend hours getting ready for strangers to see them but don't give the same effort to those who see them in intimate settings.

17 As for the variation in Muslim women's dress, it demonstrates the wide-ranging interpretations of modesty. I often get asked what the most "right" version is: the Afghani *burqah*, the Iranian *chador*, the Pakistani *salwar kameez*,¹ the Arab *jilbab*, or a sweatshirt and jeans. The short answer is that the recommendations for modesty are to be interpreted and applied at the discretion of the woman picking her clothes.

18 All through high school, I wore a *jilbab* exclusively because I didn't have to spend any effort worrying about what was in season or what I would be expected to wear to fit in. I now cover my hair, but generally wear jeans and a long-sleeved shirt. My once-strict interpretation of modesty has been adapted to my urban lifestyle. Is wearing an *abaya* (the head-to-toe gown that completely covers the wearer) and a face veil a good idea in New York City? Probably not, since the *abaya* would likely get stuck in a subway door or pick up the dust off any floor you glide across. But not wearing an *abaya* in Saudi Arabia would probably make getting around very difficult for a woman.

19 It's utopic and ridiculous to assert that looks don't matter and that by veiling I'm avoiding the messiness—particularly after September 11th. Now some people hold their breath a bit longer, assuming I'm a fundamentalist or wondering if I'm there to cause them harm. I sense

¹*burqah*... *salwar kameez*: The *burqah* covers a woman from head to toe, with a mesh strip in front of the eyes to allow some vision; the *chador* also drapes the head and body, but not the face; the *salwar kameez* is a tunic-and-trouser set.

Why not
the men, too?

True?

What is
this?

Interesting

Interesting

gets
to
choose

true -
natural

people studying me on the trains, reading the cover of the book in my hand and trying to gauge if I'm one of "us" or one of "them." I grapple with the frustration that I can't reassure everyone individually that my goals have everything to do with social justice and nothing to do with holy war. But I have seen suspicions fade in the eyes of the pregnant woman to whom I've given my subway seat, or the Hasidic² man whose elbow I've taken to help him up the stairs.

20 Though many of the stereotypes and incorrect assumptions people had while I was growing up still prevail (that Muslim equals backwards/oppressed/fundamentalist/terrorist), current events have pedestrians describing their secondhand "expertise" of Islam—the history of Wahhabi Islam,³ the export of Sayyid Qutb⁴ and the Muslim Brotherhood's⁵ ideas—or trying to argue that the Quranic requirements for modesty don't include veiling. It's much harder to explain why I cover to those who think they have a full understanding of the culture and the faith than those whose "knowledge" of the Middle East is limited to *Aladdin* and *hummus*. ← true

21 I do appreciate the status Islam and the Middle East have in the news these days—the interest has generated new scholarship on Arabia's history and anthropology and on Islamic law, all of which I'm interested in and am relieved is being researched. This research includes a pool of female scholars reexamining Islamic texts with a feminist lens, and separating actual religious commands from their long-held, culturally laden interpretations, which often smack of patriarchy.

22 Forcing women to veil or unveil usually has the opposite effect. When I attended elementary school in Saudi Arabia and flew home to Michigan each summer, a parade of women swathed in black *abayas* would head to the airplane bathrooms once we were safely in the air and emerge wearing short, tight ensembles. Conversely, banning the veil in Syria and Turkey sparked a resurgence in its popularity.

23 The question of veiling comes up once someone finds out that I've married into a family that celebrates Christmas, with my full participation. "If you have a daughter, what will she wear?" they ask. I haven't yet cracked a pregnancy or parenting book, but I hope that my policy will be similar to the egalitarian way I was raised. If she wants to, she

²*Hasidie*: Hasidism is a form of Jewish mysticism; Hasidie men typically wear long black coats and wide-brimmed black hats, while women cover their hair and wear long skirts and long sleeves for modesty.

³*Wahhabi Islam*: A Sunni fundamentalist form of Islam founded by Muhammad ibn Abdel al Wahhab (1703–1792), Wahhabism is the majority faith of Saudi Arabia and Qatar.

⁴*Sayyid Qutb*: Egyptian writer and intellectual (1906–1966) who condemned western values and promoted the idea of a fundamentalist Islamic state; affiliated with the Muslim Brotherhood.

⁵*Muslim Brotherhood*: Worldwide movement, founded in Egypt in 1928, that advocates government imposition of strict Islamic law.

understandable

example
destroys
stereotype

true?

where
are
these
women?

quick
change

interest

can; if she doesn't want to, then she won't. It's far more important for her to respect herself, her body, and her life.

- 24 At the heart of my veiling is personal freedom. I dress this way because it has made it easier to get through adolescent phases and New York City streets with no self-loathing, body hang-ups, or sexual harassment. I wish more women emerged unscathed; no one should suffer for what they look like or what they wear.

true?

Understanding the Content

Feel free to reread all or parts of the selection to answer the following questions.

1. Why did Haydar originally consent to covering her hair at age twelve?
2. Why does Haydar continue to wear the head scarf as an adult?
3. What happened to Haydar recently when riding a New York City bus? What was her reaction to this moment?
4. What kind of family background does the author come from? In other words, how do her parents view religion and its place in their lives?
5. How was Maysan Haydar treated by members of the opposite sex in high school? How was this different from the way other young women were treated?
6. How did moving to New York City after college affect Haydar?
7. Have things changed for Haydar and the way she is viewed as a Muslim woman since 9-11? If so, how?

Looking at Structure and Style

1. What is the thesis of this essay? Is it stated or implied? If stated, where?
2. What is the organizing pattern used in paragraph 13? What is that paragraph's relation to the paragraph that precedes it (paragraph 12)?
3. What is the purpose of paragraphs 1–5? Is beginning the essay in this way effective? Why or why not, in your opinion?
4. What is the purpose of paragraph 7? What is its relation to paragraph 8?
5. What was the author's purpose in writing this essay? Do you think she achieved her goal? Why or why not?
6. List the examples the author uses to support her statement that "the veil bestowed [other] experiences upon me that I wouldn't quite classify as negative, but definitely educational." (12) Does she provide enough examples to support this statement?